

American

BEAUTY LIVES HERE
FEBRUARY 2009

SALON

HAIR FORCE ONE

The art of the
blow-out

Bowled Over

Impress your clients
by updating your
shampoo area

SHARPER IMAGE

American Crew's 2009
release is a testament to the
evolution of men's grooming

Star Struck

Celebrity stylist Robert
Vetica shares his trade
secrets in a new book—and
we've got the exclusive!

Fromm will make a donation to **heart disease research** for every Heartbreaker Kit sold.

Heart to Heart

Hold your heart in the palm of your hands with the new **Fromm** Heartbreaker Kit, which includes a 5 3/4-inch shear with a heart-print design, a comfortable arm holster and a sheet of temporary heart tattoos—perfect for Valentine's Day. Made from Japanese steel, the shears feature hollow-ground convex blades for sharp cutting, an ergonomic crane handle design and a detachable finger rest.

800/323-4252 —L.M.



The Power of Three

Angus Mitchell demonstrates a three-pronged approach to haircutting using triangle-shaped sectioning in the new *Paul Mitchell Angus M Volume 3 Trilateral Collection DVD*, available this spring. The DVD, which also features DJ Muldoon, Colin Caruso, Jay Small and Noogie Thai, includes instruction on creating four geometric haircuts in various lengths and textures, color techniques and styling options. paulmitchell.com —L.A.



TO A TEA

Want to enjoy the sweet life without feeling guilty? The **Tea Forté** Dolce Vita collection offers delicious teas that are filled with antioxidants, nearly calorie-free and include naturally sweet ingredients like cinnamon, raspberries and cacao beans. Tea Forté teas, created by acclaimed Museum of Modern Art designer Peter Hewitt, come in unique silken infusers that let water flow freely to brew more intensely flavored teas. teaforte.com —L.M.



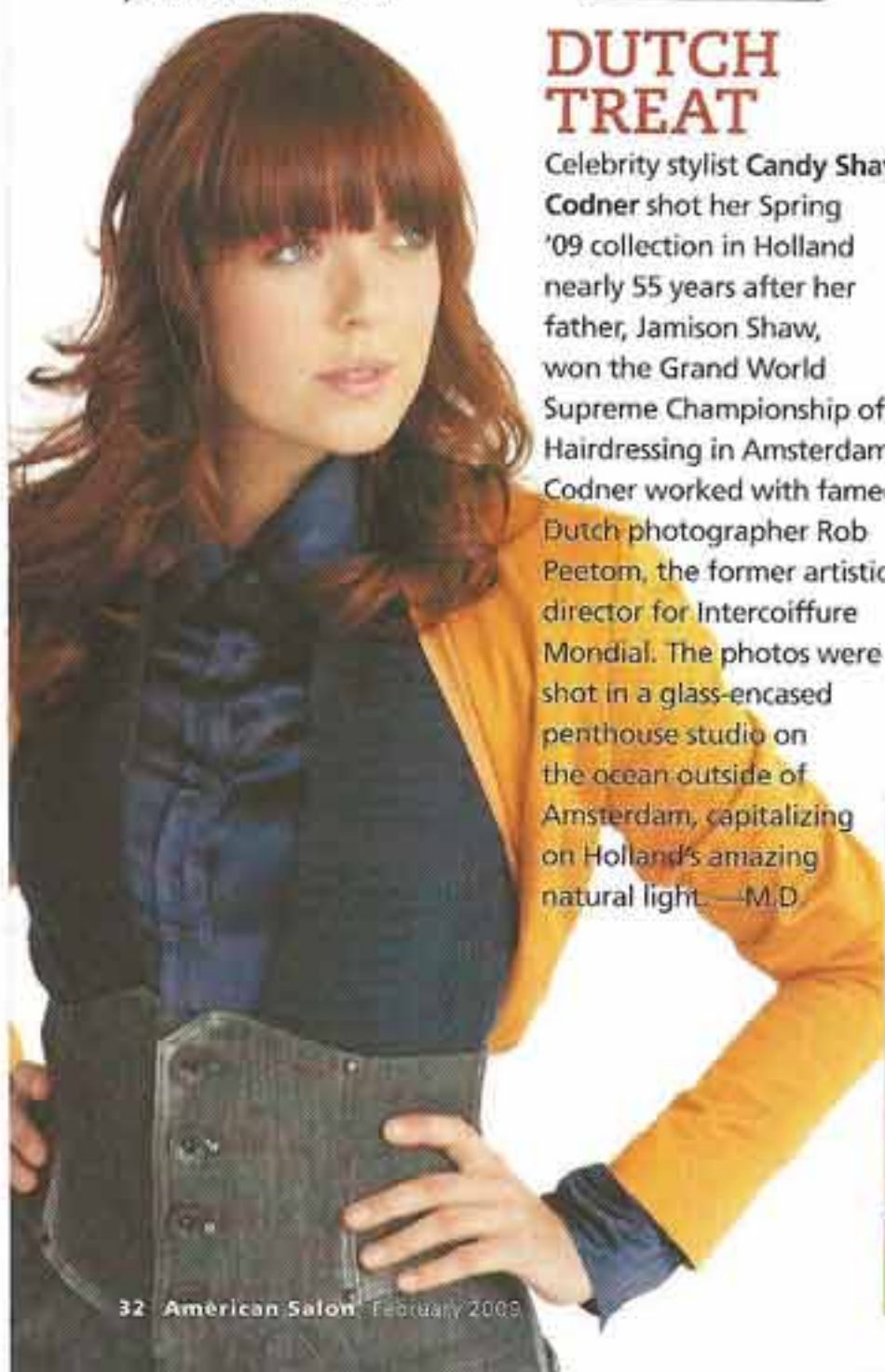
ARM CANDY

MAQUEL CHRISTOPHER is a work-at-home mom who designs and produces sterling silver bracelets that can be worn by both mothers and daughters. Many of the bracelets can be personalized with a child's name, a symbol or a favorite phrase. Inspired by her daughter Kate's friendship with her cousin Emmie, Christopher named her company, Emmie Kate, after them. **Tori Spelling** is a fan. emmiekate.com —M.D.



DUTCH TREAT

Celebrity stylist **Candy Shaw Codner** shot her Spring '09 collection in Holland nearly 55 years after her father, Jamison Shaw, won the Grand World Supreme Championship of Hairdressing in Amsterdam. Codner worked with famed Dutch photographer **Rob Peetom**, the former artistic director for *Intercoiffure Mondial*. The photos were shot in a glass-encased penthouse studio on the ocean outside of Amsterdam, capitalizing on Holland's amazing natural light. —M.D.



WHAT'S ON YOUR IPOD?

We asked **Claudia Acevedo**, a stylist at *Salon Marc Harris* on Boston's fashionable Newbury Street, what she's been listening to.

"Being a Girl" by *Vani Hunt*: "I love this artist. This song is soulful and it feels like a warm day."

"Heartbeats" by *The Knife*: "It sets a mood without intruding on my mood."

"Back to Black" by *Amy Winehouse*: "I can tease a mean beehive to this entire album."

"20th Century Boy" by *T. Rex*: "When this song is on, I can't help but feel a vibe from a revolutionary era in music and fashion."



Beauty From the Inside Out

Renowned beauty nutritionist **Lisa Drayer** is spreading the word that when it comes to looking good, what you put in your body is just as important as what you put on it. In her new book, *The Beauty Diet* (McGraw-Hill, 2008), Drayer lists 10 "beauty foods"—wild salmon, yogurt, blueberries, spinach, kiwis, tomatoes, oysters, sweet potatoes, walnuts and dark chocolate—that she says can improve your skin, hair, teeth, eyes, nails and overall health, as well as help with weight loss: Drayer, a health reporter who has appeared on *CNN Headline News*, *The Today Show* and *Good Morning America*, also provides an easy-to-follow eating plan accompanied by simple recipes. —L.M.

